



Harrow Shotokan Karate 7th Annual Inter Club Competition

Sunday 18th Dec
Quinton Hall School
Hindes Road
HA1 1RX
10am onwards

(No parking on school grounds. Parking OK on all Zone D bays on a Sunday)

Last Date of entry Sunday 11th Dec 2022
Email dojo@harrowshotokankarate.co.uk

Categories for Kata and Kumite and Team Kata

Trophy for 1st place
£10 One Event
£15 for Two Events
£10 per Team Kata

Name.....
Age.....
Grade.....
Kata.....
Kumite.....
Team kata.....
Total Payable.....

This is a small tournament with a single matted tatami, and a second one for kata will be added space allowing.

Categories

Kata

- KA1 – Kyu Grade Kata 6yr-10yr Mixed**
- KA2 – Kyu Grade Kata 11yr-15yr Mixed**
- KA3 – Brown and Black Belt Kata under 11yr Mixed**
- KA4 – Brown and Black Belt Kata 12yr-15yr Mixed**
- KA5 – Kyu Grade Kata 16yr+ Mixed**
- KA6 – B&B Kata 16+ Mixed**
- KA7 – 40+ Mixed**
- KA8A – Team Kata – B+B Mixed Teams and Ages allowed**
- KA8B – Team Kata – Kyu Grade**

Kumite

- KU1 – Kyu Grade Kumite 6yr-8yr Mixed**
- KU2 – Kyu Grade Kumite 9-10yr Mixed**
- KU3 – Boys 11yr-13yr (Maybe divided by grade depending on entries)**
- KU4 – Girls 11yr-13yr (Maybe divided by grade depending on entries)**
- KU5 – Cadet Boys 14yr-17yr All Grades**
- KU6 – Cadet Girls 14-17yr All Grades**
- KU7 – Male Kumite 18+ Kyu Grades**
- KU8 – Male Kumite 18+ B&B**
- KU9 – Female 18+ Kyu Grade**
- KU10 – Female 18+ B+B**
- KU11 – 40+ Male All Grades**

Please note categories may change at the organiser's discretion.

All competitors are aware that personal injury may occur, and the organisers are not responsible for any injuries caused or losses incurred.

All competitors must wear mitts and gumshield. Any additional protective

